

AGENDA
Women's Action Committee Conference
"Living Healthy Living Free"

MAY 21—MAY 23, 2010
KINGS ISLAND RESORT



• **Friday, May 21, 2010**

5:30 p.m.—8:00 p.m.

Early Registration—Main Lobby

6:30 p.m.—8:30 p.m. — Executive 1 Room

Sharyn Perry, LMT

15 min Massages

7:00 p.m.—8:00 p.m.—Executive 2 Room

Wanda Brown, President

Sisters Network, Inc. Columbus

Breast Cancer Survivor

8:00 p.m.—10:00 p.m.

Wine and Cheese Event—Suite # 103

District 2

• **Saturday, May 22, 2010**

8:00 a.m.—11:00 a.m. - Registration

Outside General Session

9:30 a.m.—11:30 a.m.—General Session

Salon A, B, C

9:30 a.m. —10:00 a.m.—Opening

Quida Higbee, WAC Chair

"We Are Family" - Womens Action Committee

10:00 a.m.—10:15 a.m.—Welcome

Eddie L. Parks, OCSEA President

10:15 a.m.—11:15 a.m.—Keynote Speaker

Dorothy Clark, Registered and Licensed Dietitian

11:30 a.m.—12:30 p.m.—Lunch, Salon A, B, C

Prayer: Cindy Bobbitt

Rotating Workshops (2):

1:00 p.m. - 2:00 p.m.

15 Minute break between workshops

2:15 p.m.—3:15 p.m.

Workshop A: "How to effectively start and maintain your walking program" - Executive 1 Room

Tiana Miller, Outreach Coordinator

APS Healthcare Ohio Service Center

Workshop B: "Getting the most out of your healthcare dollar" - Executive 2 Room

Mary Ellis, State Population Health Manager,

APS Healthcare

• **Saturday, Evening**

6:00 p.m.—6:30 p.m.

Reception—Outside Salon A, B, C

6:30 p.m. to 8:30 p.m.

Banquet, Salon A, B, C

Prayer: Donna Westrick

7:00 p.m.—7:30 p.m.

Banquet Speaker— Elder Jackie Peterson

8:30 p.m.—Midnight

Hospitality Gathering—Suite #103

Hosted by District 2

• **Sunday, May 23, 2010**

8:00 a.m.—9:00 a.m.

Breakfast

Prayer: Kate Callahan

9:00 a.m.—9:45 a.m.

General Session—Salon A, B, C

Sister Carrie Johnson—The Lord's Prayer

Chris Mabe, OCSEA Vice- President

Kathy Stewart, OCSEA Secretary—Treasurer

9:45 a.m.—10:00 a.m.

Raffle Drawings

10:00 a.m.—10:15 a.m.

Closing Remarks

Quida Higbee, WAC Chair

